R

A



A

CONFIDENCE

You have shown belief and trust in yourself when taking on new challenges!





A



SELF WORTH

You have shown that you value and respect yourself and know that you deserve to 'Own Your Journey'!

MIESO

SWIM ACADEM

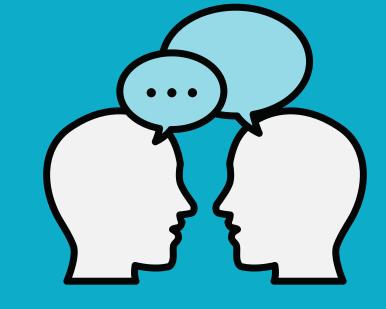


BUILDING CONNECTIONS

A

You have shown good communication, trust and emotional support when nurturing new relationships!

SWIM ACADEM





INDEPENDENCE

You have shown that you can take responsibility for your own actions and have learned to do things for yourself!







A



A

RESILIENCE

You have shown that you can stay positive and keep going in challenging situations!

AMIESO

SWIM ACADEMY



A



CURIOSITY

You have shown initiative in your learning and excitement to learn new skills!



MICHAEL JAMIESON

A

R



ENGAGEMENT

You have shown motivation, focus and enthusiasm in your learning!



MICHAEL JAMIESON

SPORTSMANSHIP



You have shown that you can accept your challenges along with your victories as well as celebrate others!



MICHAEL JAMIESON