

# Your Journey



Can your child confidently and completely submerge?

YES

Go to question 2

NO

They are a Stage 1 Non-Swimmer.



Can your child swim 5m completely unaided on their front & back?

YES

Go to question 3.

NO

They are a Stage 2 Non-Swimmer.



Can your child swim 10m full stroke front crawl & back crawl without support?

YES

Go to question 4.

NO

They are a Stage 3 Beginner.



Can your child swim 10m breaststroke & dolphin kick?

YES

Go to question 5.

NO

They are a Stage 4 Beginner.



Is your child confident in deep water & can tread water for min 1 mins?

YES

Go to question 6.

NO

They are a Stage 4 Beginner.



Can your child competently swim full stroke front crawl & backcrawl for 25m?

YES

Go to question 7.

NO

They are a Stage 5 Improver.



Can your child competently swim full stroke front crawl & backcrawl for 50m?

YES

They are a Stage 7-11 Advanced.

NO

They are a Stage 6 Improver.